



**Consortium on Asian American Mental Health Training  
Presents:**

## **Psychological Trauma: Assessment and Treatment**

This one day training conference offers mental health professionals, students/trainees, consumers, and their family members an opportunity to acquire knowledge and skills in assessing and treating psychological trauma in different settings. As a result of this training, participants will gain a better understanding of psychological trauma and apply culturally appropriate approaches to treat traumatized Asian American consumers. Through the keynote and workshop presentations, participants will become more knowledgeable of the following topics: experiences of immigrants leaving their homeland under traumatic circumstances; the effects of human trafficking among youth and young adults; the symptoms and behaviors of youth trauma; traumatic experiences of veterans returning from combat duties. Each participant requesting CME/CE credits is required to fill out a program evaluation form.

### **The educational objectives are to:**

1. Learn culturally appropriate ways to assess and treat consumers presenting with symptoms and behaviors of trauma in different settings;
2. Address issues pertaining to complex psychiatric and medical diagnosis, and a synthesis of Buddhist and Western approaches to psychological trauma;
3. Identify challenges and apply specific strategies in treating the behavior of consumers with different kinds of psychological trauma

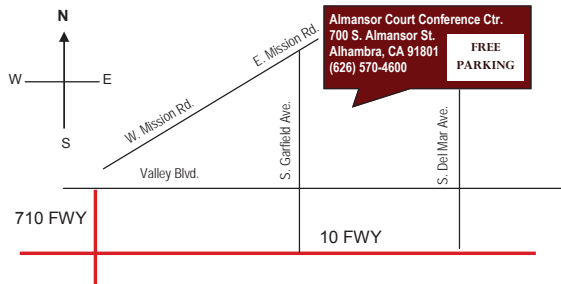
Almanson Court Conference Center  
700 S. Almanson Street  
Alhambra, California 91801  
(626) 570-4600  
<http://www.almansoncourt.com/>

#### **From the 10 Freeway, going EAST:**

Merge onto SOUTH GARFIELD AVENUE via Exit 23B toward Alhambra (1.2 miles).  
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).  
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

#### **From the 10 Freeway, going WEST:**

Take the GARFIELD AVENUE exit- EXIT 23B- toward ALHAMBRA (0.1 miles).  
Merge onto SOUTH GARFIELD AVE via EXIT 24 toward ALHAMBRA (0.9 miles).  
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).  
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).



Los Angeles County Department of Mental Health  
695 S. Vermont Ave., 15th Floor  
Los Angeles, CA 90005

**Consortium on Asian American  
Mental Health Training  
Presents:**

## **21st Annual Asian American Mental Health Training Conference**



## **Psychological Trauma: Assessment and Treatment**

*Thursday, October 29, 2015*

**Almanson Court**  
700 S. Almanson Street  
Alhambra, CA 91801

County of Los Angeles Department of Mental Health  
Department of Psychiatry at Harbor-UCLA Medical Center

## Conference Agenda

7:30 - 8:15 am	<b>Registration &amp; Continental Breakfast</b>
8:15 - 8:45 am	<b>Introduction &amp; Overview</b> <b>Freda Cheung, PhD</b> Conference Chair <b>Dennis Murata, MSW</b> Deputy Director, Program Support Bureau County of Los Angeles Department of Mental Health <b>Ira Lesser, MD</b> Chair, Department of Psychiatry Harbor-UCLA Medical Center
8:45 - 10:15 am	<b>Plenary Session I</b> <b>The Complex Psychiatric and Medical Diagnosis of Traumatized, Tortured Refugees and Asylum Seekers: Implication for Treatment</b> <b>J. David Kinzie, MD, F.A.C. Psych.</b> Professor of Psychiatry, Oregon Health and Science University
10:15 - 10:30 am	<b>Break</b>
10:30 - 12:00 pm	<b>Workshops A, B, C</b>
12:00 - 1:15 pm	<b>Lunch and Networking</b>
1:15 - 2:45 pm	<b>Workshops A, B, C</b>
2:45 - 3:00 pm	<b>Break</b>
3:00 - 4:30 pm	<b>Plenary Session II</b> <b>A Synthesis of Buddhist and Western Approaches to Trauma</b> <b>John Briere, PhD</b> Professor of Psychiatry and Psychology, Keck School of Medicine, University of Southern California

## Plenary Speakers

**J. David Kinzie, MD, F.A.C. Psych.** is a Professor of Psychiatry at the Oregon Health and Science University (OHSU). He serves as a psychiatrist for the Torture Treatment Center of Oregon (TTCO), within the Intercultural Psychiatric Program (IPP) at OHSU and currently treats survivors of torture from Bosnia, Cambodia, Vietnam, Ethiopia, Somalia and other African countries. He received his medical degree and completed his psychiatric residency at the University of Washington. He then completed a fellowship in Trans-cultural Psychiatry at the University of Hawaii. He has been at OHSU since 1976 where he founded the Intercultural Psychiatric Program to provide psychiatric services to Southeast Asian refugees coming to Oregon following the Vietnam War. Dr. Kinzie's current research interests include post-traumatic stress disorder, depression, physical, social and psychiatric impacts of torture and trauma, biological markers of mental illness, treatment of torture survivors and refugees, and treatment outcomes. His distinguished career includes publications of over 135 articles and book chapters on cross cultural psychiatry, treatment of torture survivors and psychopharmacology. He is a fellow of the American College of Psychiatrists and a Distinguished Life Fellow of the American Psychiatric Association.

**John Briere, PhD**, is an Associate Professor of Psychiatry and Psychology at the Keck School of Medicine, University of Southern California, Director of the USC Adolescent Trauma Training Center of the National Child Traumatic Stress Network, and Director of the Psychological Trauma Program at LAC+USC Medical Center. He received his doctorate in psychology from the University of Manitoba in Winnipeg, Canada and completed his post-doctoral training at Harbor-UCLA Medical Center. A past president of the International Society for Traumatic Stress Studies, he is a recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association and the Robert S. Lauder Memorial Award for Scientific Achievement from ISTSS. He is nationally recognized as an authority on trauma and its aftermath, particularly in children. He is widely published, authoring or co-authoring over 80 peer-reviewed articles and 15 books. For many years, he has been a highly sought after teacher of trauma, therapy, and mindfulness practices internationally. Visit his official website <http://johnbriere.com> for additional information.

## Workshops

<b>A. Trauma-Based Interventions with Children: Blending Western Techniques with Eastern Values</b> <b>Presenter: Janine Shelby, PhD</b> Harbor-UCLA Medical Center
<b>B. Response to Trauma in Asian American Populations in the Age of Terrorism</b> <b>Presenters: Carl McKnight, PsyD &amp; Raymond Hsu, PsyD</b> County of Los Angeles Department of Mental Health
<b>C. Human Trafficking: Identification and Treatment of Survivors</b> <b>Presenter: Kenneth S. Chuang, MD</b> County of Los Angeles Department of Mental Health

## Conference Planning Committee

<b>Freda K. Cheung, PhD</b> LA Biomed/Consultant	<b>Jae Won Kim, LCSW</b> County of Los Angeles Dept. of Mental Health, Workforce Education and Training
<b>Stephen Cheung, PsyD</b> Azusa Pacific University	<b>Karen Lee, MD</b> County of Los Angeles Dept. of Mental Health, Office of the Medical Director
<b>Scott Hanada, LCSW</b> County of Los Angeles Dept. of Mental Health, Adult System of Care	<b>Ira Lesser, MD</b> Harbor-UCLA Medical Center
<b>George K. Hong, PhD, ABPP</b> California State University at Los Angeles	<b>Margaret T. Lin, MD</b> Private Practice
<b>Jason Huang, PhD</b> County of Los Angeles Dept. of Mental Health, Mental Health Court Linkage Program	<b>Lisa Song, LCSW</b> County of Los Angeles Dept. of Mental Health, Workforce Education and Training
<b>Sam Keo, PsyD</b> County of Los Angeles Dept. of Mental Health, Coastal API Family Mental Health Center	<b>Silvia Yan, PhD</b> Special Service for Groups Asian Pacific Counseling and Treatment Centers

**CAAMHT Internet Homepage:** <http://asianamericanmentalhealth.org>

**CAAMHT Facebook page:** <http://facebook.com/aamht>

County of Los Angeles Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:  
California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists  
California Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians  
California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0813)

County of Los Angeles Department of Mental Health is approved by the American Psychological Association to offer continuing education for psychologists. County of Los Angeles Department of Mental Health maintains full responsibility for the program and its content.

Each discipline will be eligible to receive continuing education credits. (No partial credits will be given)

County of Los Angeles Department of Mental Health is a California Association (CMA) accredited provider. Physicians attending the course may report the individually identified number of hours of Category I Credit™ toward the California Medical Association Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.



### FOR QUESTIONS, CONTACT:

**Lisa Song** ([lsong@dmh.lacounty.gov](mailto:lsong@dmh.lacounty.gov)) or **Jae Won Kim** ([jkim@dmh.lacounty.gov](mailto:jkim@dmh.lacounty.gov))  
**Freda Cheung** (626) 458-2700

## Psychological Trauma: Assessment and Treatment October 29, 2015

### Registration Information

(Please print clearly)

[Download Printer-Friendly Form](#)

Last Name

First Name

Middle Initial

Street Address

City

Zip

Phone

Fax

Email Address (Required for confirmation/denial of training registration)

Affiliation/Organization

License Number: License: ☐ MD/DO ☐ PhD/PsyD ☐ RN ☐ LCSW

☐ CME/CE/CEU REQUEST ☐ LMFT ☐ LPT ☐ CAADAC ☐ Other: \_\_\_\_\_ Specify

### Lunch Preference

☐ Chicken Dijonnaise ☐ Penne Vegetable Pasta

Complimentary continental breakfast and lunch

### Registration Fees

Postmarked by  
10/15/2015

Postmarked after  
10/15/2015

Space is limited—please register early!

<b>Regular</b>	<b>\$90</b>	<b>\$110</b>
ID# Last 4 digits of SSN _____ AND last 4 digits of Driver's license or ID _____		

<b>Student/Trainee</b>	<b>\$45</b>	<b>\$65</b>
ID# Last 4 digits of SSN _____ AND last 4 digits of Driver's license or ID _____		

<b>CalWORKs (Contracted)</b>	<b>\$22.50</b>	<b>\$42.50</b>
ID# Last 4 digits of SSN _____ AND last 4 digits of Driver's license or ID _____		

CalWORKs Supervisor Signature \_\_\_\_\_ Supervisor's Name (Printed) \_\_\_\_\_

CalWORKs Supervisor Signature \_\_\_\_\_ Supervisor's Name (Printed) \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

LAC-DMH employees must use DMH Registration form

Please make all checks payable to **LA BioMed**. On-Site registration must be paid in full for the amount of \$110 either by check or cash ONLY.

**Mail form and check to:**  
**Catherine Bustamante**  
**Department of Psychiatry**  
**Harbor-UCLA Medical Center, Box 8**  
**1000 W. Carson Street**  
**Torrance, CA 90509**

Registration confirmation will be emailed on or before October 15th. Refund: Full refund less \$15 administrative fee before 10/15/2015. Requests must be made in writing. No refund after 10/15/15

# COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH

Registration Form For County of Los Angeles DMH Employees Only

**21st Annual Asian American Mental Health Training Conference**

**"Psychological Trauma: Assessment and Treatment"**

**Thursday, October 29, 2015**

**Almansor Court, 700 S. Almansor St., Alhambra, CA 91801**

## Registration Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Program or Agency: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

LAC DMH Employee # \_\_\_\_\_ Email: \_\_\_\_\_@dmh.lacounty.gov

License Number: \_\_\_\_\_ CME/CE/CEU REQUEST? YES NO

License: MD/DO PhD/PsyD RN LCSW LMFT LPT CAADAC OTHER

## Registration Fees

Postmarked by 10/15/2015: **\$22.50**

Postmarked after 10/15/2015: **\$42.50** (No Subsidy will be provided for On-Site Registration)

Total Enclosed \$ \_\_\_\_\_ Supervisor Name: \_\_\_\_\_

Supervisor Signature: 

Must be currently employed in DMH directly operated program.

LAC-DMH is subsidizing the balance of the registration fee.

## Lunch Preference

☐

Chicken Dijonnaise

☐

Penne Vegetable Pasta

Complimentary continental breakfast and lunch will be provided.

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DMH VALOR Team

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